

**2017 REGISTRATION**

Circle the appropriate divisions:

1. Solo | Solo Masters (age 50 and up) | Relay  
Tandem | Adult-Youth Tandem (Youth 12 and under)
2. Men | Women | Mixed

Team Name: \_\_\_\_\_



Participant 1: Male | Female      Age: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Shirt size: S | M | L | XL | 2XL | YOUTH: \_\_\_\_\_

Participant 2: Male | Female      Age: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Shirt size: S | M | L | XL | 2XL | YOUTH: \_\_\_\_\_

Participant 3: Male | Female      Age: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Shirt size: S | M | L | XL | 2XL

Participant 4: Male | Female      Age: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Shirt size: S | M | L | XL | 2XL

**This is a rain or shine event! Should weather conditions pose a threat to participants, spectators or volunteers, GAAR officials reserve the right to delay or cancel the race. No refunds will be given.**

**WAIVER**

I, the undersigned, waive and release myself, my heirs, executors, and administrators, and assume the risk of physical injury or death from participating in this event. By participating, I waive all rights and claims for damages, demands any other actions whatsoever, which I may have against the Great Ames Adventure Race, all participating sponsors, and supporters of those entities, successors, representatives, and assigns, arising out of my participation in this event. I certify that I am in proper physical condition to participate in this activity.

	<i>Printed Name</i>	<i>Signature</i>	<i>Date</i>
Participant 1:	_____	_____	_____
Participant 2:	_____	_____	_____
Participant 3:	_____	_____	_____
Participant 4:	_____	_____	_____

Parent or guardian Signature, if under 18: \_\_\_\_\_

Parent or guardian Signature, if under 18: \_\_\_\_\_

Parent or guardian Signature, if under 18: \_\_\_\_\_

Parent or guardian Signature, if under 18: \_\_\_\_\_

**Mail with payment to:**

GAAR  
PO Box 378  
Ames, IA 50010

Please make checks payable to "Friends of Central Iowa Biking" and note "GAAR" in the memo.